

UB YOUTH CAMPS – Suggested Packing List

- ✓ A week's worth of clothing that is appropriate for all possible weather conditions (warm, cool, rainy) and activities (sports, outdoor activities, etc). This would include:
 - T shirts, shorts, sweatshirts, pants, socks, underwear, pyjamas, jacket
 - Our camp dress code is as follows: *Campers are expected to dress in a manner that is respectful to all members or the camp community. This includes no offensive clothing (slogans that are racist, sexist, have profanity, etc). Clothing should cover all underwear, cleavage and mid-riffs; no short shorts.*
- ✓ Footwear:
 - Running shoes are a MUST
 - Water shoes would be beneficial
- ✓ Appropriate swimming/water gear:
 - Bathing suit
 - Life jacket (if available) for canoeing, tubing, etc
- ✓ Bedding
 - Pillow
 - Sleeping bag and/or sheets & blankets for a single bed
- ✓ Toiletries
 - Soap, shampoo/conditioner, toothbrush and toothpaste, deodorant, brush/comb etc
 - Bug spray, sunscreen
 - Towel(s), washcloth, etc
- ✓ Misc
 - Any needed medications- clearly labelled and in original packaging (both over the counter AND prescription medication are to be turned in to the nurse at registration)
 - Bible
 - Money for offering and for the tuck shop (offering is taken 4 nights, tuck is available 4 afternoons) - it is suggested to bring money in a labelled container (eg- ziplock bag)
 - Flashlight (with batteries)
 - Camera
 - Water bottle
 - Ideas/props for Campers Chapel and Skit Night (musical instruments, costumes, etc)

What NOT to pack:

- ✓ Electronic devices – Cell phones, mp3 players, CD players, video games, etc
- ✓ Lighters, matches
- ✓ Cigarettes, alcohol, drugs, drug paraphernalia, etc
- ✓ Weapons of any kind
- ✓ Gum, snacks, etc
- ✓ Clothing that is not keeping with the dress code stated above